QLD 2018 STATE CONFERENCE CREATING A LIVEABLE COMMUNITY MON KOMO HOTEL, REDCLIFFE, MAY 23 - 25









TABLE OF CONTENTS

| PLA QLD PRESIDENT'S WELCOME | 3 |
|---|----------------|
| MAYOR'S WELCOME | 4 |
| SPONSORS | 6 |
| DAY ONE - WEDNESDAY 23 RD MAY 2018 Day One - Program* | 9 |
| DAY TWO - THURSDAY 24 TH MAY 2018 Day Two - Keynote Speaker | 10 10 |
| Day Two - Program Day Two - Presenters and Abstracts | 11 |
| Day Two - Presenter Index | 18 |
| DAY THREE - FRIDAY 25 TH MAY 2018 Day Three - Keynote Speakers Day Three - Program | 19 19 20 |
| Day Three - Presenters and Abstracts Day Three - Presenter Index | 21 25 |
| LOCATION MAP | 26 |
| 2018 REGIONAL AWARDS OF EXCELLENCE DINNER | 28 |
| 2018 AWARD SPONSORS | 29 |

CONFERENCE ORGANISING COMMITTEE

Tracy Barkham, Angela Wright, Anand Pillay, Stephanie McCallum, Matt Horder, and John Wood





PLA QLD PRESIDENT'S WELCOME

WELCOME TO PLA QUEENSLAND'S 2018 STATE CONFERENCE "CREATING A LIVEABLE COMMUNITY"

Queensland is rightly riding high with the green and gold successes of the recent Gold Coast 2018 Commonwealth Games. Many across our industry have been involved in this massive event, from planners, event managers, volunteers, officials, right through to the athletes themselves. Congratulations to all.

But how does the green and gold play out every day in our communities, local government areas, neighbourhoods, bushlands, play spaces and sporting clubs? An analogy that is the "green" of our parks, gardens, urban forests, sports fields; and the "gold" is our people of all abilities, all ages and all backgrounds - getting out and getting active, engaging with nature, pushing themselves to their fitness limits, playing their chosen sport, picnicking, taking a swing, or a stroll with their dog.

Pushing to achieve a PB (personal best) in our various roles in the parks and leisure industry is central to creating healthier, happier and more active people; in safer, creative, sustainable and green spaces, through programs that are inclusive and accessible for all.

Starting on the foreshore of Redcliffe, our technical tours demonstrates how important places are to creating liveable communities with this area providing a seaside leisure experience since the mid 1820's and is still today a destination for residents and visitors. Thank you to Moreton Bay Regional Council as our 2018 Conference Partner for sharing your performance enhancing landscape and resources; and to our principal sponsor (GreenLife Group) and gold sponsors (Syngenta and Belgravia); Awards Dinner Sponsor (Sporteng); trade exhibitors, award category sponsors – thank you for all your valued support of the Conference and Awards.

Our keynote speaker of day two - Dr. Jenny Veitch from Deakin University, presents how research and design are critical to getting the benefits of 'healthy and activity living' on the podium. This will be a great introduction to this day's session. Our next day starts with 10,000 Steps and Professor Corneel Vandelanotte from Central Queensland University who reaffirms that a winning formula doesn't happen without a clear target and the support of a dedicated coach (analysing the stats). Better than half time entertainment, Breeanna Brock from Brisbane Lions AFC will discuss the obstacles and subsequent solutions to introducing a Women's league into a male dominated sport. The program continues - aiming to top up your training and competition kits with new ideas, programs, products knowledge.

On this final note – best of luck to all nominees in the Awards of Excellence, looking to take home the gold in their respective categories.



Frances Hudson
President, PLA Queensland





Parks, sport and recreation spaces play an important role in fostering healthy and active lifestyles for Moreton Bay's 430,000-plus residents and the millions who visit the region each year.

It is why Moreton Bay Regional Council has invested more than \$75.9 million towards recreational infrastructure in 2017/18, and importantly is why council is proud to welcome organisers, speakers and delegates for the 2018 Parks and Leisure Australia Queensland Conference.

This year's conference is an opportunity not only for the state's leading parks and leisure professionals to share ideas that strengthen our communities, but also a chance to experience Moreton Bay's picturesque parks and open spaces.

While you're here I encourage you to discover our unique recreational spaces and facilities like the world-famous Bee Gees Way, the scenic foreshore parks of Bribie Island, the accessible infrastructure of Scarborough Beach Park and council's \$17 million AFL Precinct at Burpengary.

As a region that is also blessed with wonderful natural assets and a thriving food and produce culture, I also hope you get the chance to dine at our renowned restaurants and cafes and play at our great beaches, national parks and environmental reserves.

I hope you take plenty away from this year's conference, including some ideas from Moreton Bay that you can implement in your own communities, and I hope that you come to visit us again soon.



Mayor Allan Sutherland Moreton Bay Regional Council



Proudly partnering with PLA to make Australia's local parks the best in the world.

GLG GreenLife Group is an open space facility services specialist. Our services include:

- » GROUNDS
- >> PROPERTY MAINTENANCE
- >> WEED CONTROL
- » SLASHING
- >> SPORTS TURF

- >> TREES
- >> LANDSCAPE
- >> ENVIRONMENTAL
- » MANAGEMENT AND OPERATIONAL SUPPORT





CONFERENCE PARTNER



PRINCIPAL CONFERENCE SPONSOR





syngenta_®





GOLD CONFERENCE SPONSORS





LANYARD SPONSOR



AWARD DINNER SPONSOR

SPORTENG™



Partnering with communities

Over 40 Local and State Government authorities trust Belgravia Leisure to manage their aquatic and leisure centres. We operate over 125 facilities across Australia and New Zealand.

Creating healthy communities

We work together with the community, for the community. Because everyone should have the chance to get active, get healthy or simply get involved.

Investing in our communities

We invest more than \$6 million per year in capital upgrades, repairs and refurbishments of government-owned buildings, plant and equipment.

belgravialeisure.com.au 03 8727 7777 info@belgravialeisure.com.au













TRADE DISPLAYS































DAY ONE WEDNESDAY 23RD MAY 2018

DAY ONE - PROGRAM*

Technical Tours 2.30 starting at Mon Komo

| TIMING | TRAVEL | ATTRACTION / VENUE / NOTES |
|--------------------------------------|---|--|
| 2.15pm for a 2.30 pm departure | Meet in outdoor area adjacent to the Bar at the Mon Komo for briefing and start of technical tour. | |
| 2.35pm | Walk 110m from Mon Komo to Settlement Cove Lagoon (Involves a 3 mins walk down a set of stairs or ramp to get down to lagoon) | Settlement Cove Lagoon Redcliffe Foreshore Development, the lagoon pool opened in 1992/3. Has been a feature of the Redcliffe foreshore since that time and lead the way to a gradual foreshore development and rejuvenation. |
| 2.50pm | Foreshore walk 500m to Redcliffe Jetty (10 mins flat sealed walk). | O'Tag timing point & Redcliffe Jetty The walking tour will include an explanation of the O'Tag timing points, one of 4 along the foreshore. Each timing point is located 1km from each other giving a 3km distance or a 6km round trip. |
| | | This section of the tour will also include a brief stop at the iconic Redcliffe Jetty where the history, early settlement and development of the area will be discussed. |
| 3.00pm | Walk 120m from Redcliffe Jetty to BEE GEES way. (3 mins walk including a small set of stairs or cross road at jetty for slight incline) | BEE GEES Way. A short Walkway honouring the legendary pop group. Light Refreshments and welcome from a local Redcliffe representative. |
| 3.45pm | Bus to Woody Point (8 min drive or 15 min along the foreshore) | Woody Point Parkour Park 2016 Regional Award Winner (PLAQ) |
| 4.30pm | Bus to Scarborough. (15min drive) | Scarborough – Pirate Park A newly redeveloped playground which incorporates some of the old cottonwood trees and includes a permanent jumping pillow and a secret 'Gollum' door which the general public created. |
| 5.00pm | Bus to Dolphins. (8 min drive) | Tour of Dolphin Stadium redevelopment Home of the Rugby League 2018 Commonwealth Championship (23/24 February 2018) Welcome drinks and Canapes from 5.30 to 6.45. |
| 7.00pm | Bus to Mon Komo 8 min drive | Arrive back at Mon Komo |

^{*} Program may change due to unforeseeable circumstances Wear comfortable shoes and dress appropriately for the weather



DAY TWO - KEYNOTE SPEAKER

Theme: Creating a Liveable Community, Keynote Addresses, Presentations and Workshops

DESIGNING PARKS FOR HEALTHY, ACTIVE LIVING

Dr. Jenny Veitch

Institute for Physical Activity and Nutrition (IPAN), Deakin University).

Parks are a key component of liveable cities and an important public resource providing opportunities for people of all ages to engage in physical activity and active recreation, connect socially with family and friends, and have contact with nature. Research on park visitation has grown considerably in the past decade, however, parks and other green spaces are currently underutilized and most visitors engage in low levels of physical activity. To maximise use of these valuable public resources and ensure the associated physical, mental and social benefits are realised, it is important to understand how to design parks so that they are appealing and beneficial for people of all ages This presentation will include an overview of recent research examining park design. It will include findings from two natural experiments that provide evidence on the impact of park refurbishment on park visitation and physical activity, photographic studies with adolescents, qualitative studies with children and families and will also discuss current research with children, adolescents and older adults.





DAY TWO - PROGRAM

| TIMING | SESSION | PROGRAM |
|----------------------|---------|---|
| 8.00am | | Registration, Tea and Coffee, Trade Display Visits |
| 8.45am | | Welcome and Introductions, House Keeping, Acknowledgement of Traditional Owners |
| 8.55am - 9.10am | | Opening Address: Mayor Allan Sutherland |
| 9.12am - 9.15am | | Introduction by Belgravia |
| 9.15am - 9.55am | §2-1 | Dr. Jenny Veitch – Institute for Physical Activity and Nutrition (IPAN), Deakin University |
| | | Keynote address: Designing parks for healthy, active living |
| 10.00am - 10.20am | §2-2 | Damian Thompson LAT27 Gold Coast Parklands: Game-changing community legacy |
| 10.20am - 10.25am | §2-3 | Nikita Burns – Urban Play The role of thoughtfully designed recreation parks in community building |
| 10.25am - 10.55am | | MORNING TEA AND TRADE DISPLAY VISITS |
| 10.55am - | §2-4 | Elia Hill – Tennis Queensland |
| 11.15am | | The sport with a plan for your LGA and Queensland |
| 11.20am - | §2-5 | Cheryl Pattison and Stephne Hambrecht – Sunshine Coast Council |
| 11.40am | | Healthy Sunshine Coast |
| 11.45am - | §2-6 | Colin Strydon – Design and Architecture |
| 12.05pm | | Elevated Boardwalk, Fraser Park, Mount Archer, Rockhampton |
| 12.10pm - | §2-7 | Daniel Docherty – Syngenta |
| 12.30pm | | Resource Management for Parks and Gardens |
| 12.30pm - 1.15pm | | LUNCH AND TRADE DISPLAY VISITS |
| 1.20pm - | §2-8 | Kelly Corry – 10,000 Steps |
| 1.40pm | | Community Grants |
| 1.45pm - | §2-9 | Geoff Edwards - AIPR Trust Fund - Education |
| 2.05pm | | PaRC – A new collection of Parks and Leisure Knowledge |
| 2.10pm - 2.30 pm | §2-10 | Wendy Guthrie – Sunshine Coast Regional Council & Brent Hall – Maroochy Beach Gymnastics |
| · | | The ingredients for success = innovation, persistence, resilience – The Maroochy Beach Gymnastics Story |

| TIMING | SESSION | PROGRAM |
|----------------------|---------|---|
| 2.35pm - | §2-11 | Dr Marke Jennings-Temple - Sporteng |
| 2.55pm | | Synthetic turf and natural turf technologies are both innovations to increase sports field capacity – how do I chose the right one? |
| 3.00pm - | §2-12 | Darren Trinder - Landmark |
| 3.05pm | | A piece of Australian history, beer, and BBQs |
| 3.05pm - 3.35pm | | AFTERNOON TEA AND TRADE DISPLAY VISITS |
| 3.35pm - | §2-13 | Brian Milne - Xyst Australia |
| 4.25pm | | Workshop – Levels of Service – The key to good open space planning |
| 4.30pm - | §2-14 | Greg Thomas - Greenedge Design Consultants |
| 4.50pm | | Nature Play and Natural Playgrounds: Best Practice Design and Construction |
| 4.55pm - | §2-15 | Playscape Creations |
| 5.00pm | | Holistic Consultancy |
| 7.00pm for 7:30pm | | AWARDS DINNER |

DAY TWO - PRESENTERS AND ABSTRACTS

Theme: Healthy Parks, Healthy People

| TIME/ SESSION | PRESENTER | TITLE / ABSTRACT |
|------------------|---|---|
| 9.15am §2.1 | Dr. Jenny Veitch Institute for Physical Activity and Nutrition (IPAN), Deakin University. | Designing parks for healthy, active living Parks are a key component of liveable cities and an important public resource providing opportunities for people of all ages to engage in physical activity and active recreation, connect socially with family and friends, and have contact with nature. Research on park visitation has grown considerably in the past decade, however, parks and other green spaces are currently underutilized and most visitors engage in low levels of physical activity. To maximise use of these valuable public resources and ensure the associated physical, mental and social benefits are realised, it is important to understand how to design parks so that they are appealing and beneficial for people of all ages This presentation will include an overview of recent research examining park design. It will include findings from two natural experiments that provide evidence on the impact of park refurbishment on park visitation and physical activity, photographic studies with adolescents, qualitative studies with children and families and will also discuss current research with children, adolescents and older adults. |
| 10.00am §2.2 | Damian Thompson LAT27 | Gold Coast Parklands: Game-changing community legacy Parklands is the Gold Coast's largest ever urban-renewal project; delivering a lifestyle-oriented, transit-facilitated space for living, working and learning. The regionally-significant development comprises seven hectares of green landscaped spaces structured around a central public plaza, the 'Village Heart', with another seven hectares occupied by a retail precinct and 1,252 new apartments and townhouses. Parklands supports tourism associated with the Gold Coast 2018 Commonwealth Games™, serving as the athletes' village, hosting up to 6,500 athletes and team officials. After the Games, it will transform into a vibrant, inclusive and connected urban mixed-use community delivering a legacy of liveability to residents, supporting passive recreation and larger events. The design embraces the colourful cultural and natural heritage of the local environment to create an active, inviting and human-scaled community with great streets and an abundance of green space, lakes and water features, that has been recognised for achieving high levels of environmental sustainability. |
| 10.20am §2.3 | Nikita Burns Urban Play | The role of thoughtfully designed recreation parks in community building. Recreation parks are not just filled with squeals of delight and sweaty foreheads. Well-designed parks provide a beating heart in communities and sets them up for economic, social and physical growth. It fosters community engagement by creating a space for families to come together, it positively boosts the local economy and encourages a healthy lifestyle. A well-designed park becomes a destination for the community and a legacy for future generations. |

| TIME/ SESSION | PRESENTER | TITLE / ABSTRACT |
|------------------|---------------------------------------|---|
| 10.55am §2.4 | Elia Hill Tennis Queensland | Tennis - The sport with a plan for your LGA and Queensland. Tennis QLD will deliver an update on our Book a Court technology and how LGA's can access the new technology for their facilities to be more and better activated as well as ensure access is available to all in their communities for Tennis. Following on from the Tennis review presented at the 2017 PLA State conference, we now have completed our Queensland Facilities Strategic Plan. This plan is relevant for every LGA and Tennis facility in Queensland. This section of presentation will deliver the key findings from the plan and messages needing to be delivered to our LGA's and similar stakeholders on the priorities for Tennis across Queensland. |
| 11.20am §2.5 | Cheryl Pattison and Stephne Hambrecht | Healthy Sunshine Coast Steph and Cheryl will be talking about the Sunshine Coast's LGA's health and wellbeing initiative, Healthy Sunshine Coast. Since its inception and launch in October 2016 the initiative has gone from strength to strength with strong support from community. |
| 11.45am §2.6 | Colin Strydon Design + Architecture | Elevated Boardwalk, Fraser Park, Mount Archer, Rockhampton One of the best natural assets of the Rockhampton area, Mount Archer, have just been enhanced with an elevated boardwalk. At the highest point, the boardwalk's lookout is 8m above the natural sloped ground and had to be all accessible once the future paths leading up to it are constructed. The boardwalk is part of a bigger master plan with the aim to attract visitors and encourage residents to a more active lifestyle. Because of the remote and unique site (that were not to be disturbed), the design and construction had to be approached with innovative and creative ways. The whole boardwalk was designed to be manufactured and mostly constructed off site and minimally assembled on site with no scaffolding and minimal risk. The presentation's aim is to provide an in site into this remarkable process undertaken by the design team to achieve this. |

| TIME/ | PRESENTER | TITLE / ABSTRACT |
|---------|--|---|
| SESSION | | |
| 12.10pm | | Resource Management for Parks and Gardens |
| §2.7 | | The presentation will introduce the delegates to a number of technologies available now and in the future that are designed to reduce resource allocations whilst improving amenities. These technologies assist LGA's in their ambition to provide outdoor amenities that are not only used by the communities but regarded as areas of significant importance to the communities. The areas that will be touched on are: • Playing field management, reducing mowing and prolonging the surfaces • Garden management with the view to reducing the amount of Glyphosate and labour hours required while maintaining a weed free garden • Introduction of technology that will be available later |
| | Daniel Docherty | garden • Introduction of technology that will be available later |
| | Syngenta | |
| 1.20pm | | 10,000 Steps Community Grants |
| §2.8 | | The 10,000 Steps Australia program encourages people of all ages to be physically active outdoors by taking at least 10,000 Steps a day. It uses a website and an app to encourage individuals, communities and workplaces to be more active in their local neighbourhoods and parks. The evidence-based program was developed by researchers 2001 and is currently hosted by Central Queensland University and funded through Queensland Health. To date the program has over 360,000 registered members, and the 10,000 Steps concept has been copied all over the world. This presentation will explain what 10,000 Steps is, how it works, how effective it is and why it has been so successful. |
| | Kelly Corry Research Officer, 10,000 Steps | |
| 1.45pm | | PaRC – A new collection of Parks and Leisure Knowledge |
| §2.9 | Geoff Edwards Policy Locums | When the Australian Institute of Parks and Recreation (predecessor to Parks and Leisure Australia) established a Trust Fund - Education in 1974, it wished to make a long-term investment in the future of the parks and recreation professions. The purpose was "the furtherance of public educational and scientific or research purposes allied with the objects of the Institute". The Trustees have chosen to establish a Parks and Recreation Collection (PaRC), an online, open access repository of documentary materials, nested in an explanatory narrative. The collection will aim to secure for posterity the accumulated knowledge of past generations of parks and recreation people - scholars, practitioners and laypeople alike. A Project Network Coordinator and Project Librarian are developing a classification system. They now seek to build a network of experts as volunteer members of "Reference Panels" in each State to identify suitable documents and write up the accompanying narrative. |

| TIME/ SESSION | PRESENTER | TITLE / ABSTRACT |
|------------------|---|---|
| 2.10pm §2.10 | Wendy Guthrie Sunshine Coast Regional Council Brent Hall Sunshine Coast Regional Council | The ingredients for success = innovation, persistence, resilience – The Maroochy Beach Gymnastics Story It's a common perception that government funding is becoming increasingly harder to get. One club, Maroochy Beach Gymnastics, Sunshine Coast's regional gymnastics' facility, recognised this in 2006 as they embarked on a ten-year journey to extend their facility to cater for growing demand. The project was subsequently funded through long term savings, two local philanthropists, financial support from state government and council, corporate and community support and a bank loan. Through the dogged determination, energy and a collaborative approach the dedicated committee saw the extension project come to fruition. However, a few weeks into the extension construction a simple spark led to catastrophe the existing building spectacularly burnt to the ground. For what could have destroyed some clubs after years of planning, fundraising and grant writing, the club and its community held strong. With unprecedented resolve, the club, council, state government and the club committee/ community were determined to continue regardless of the hurdles ahead. This is an extraordinary story of an innovative approach to funding; persistence in following a dream; and resilience in the face of destruction resulting in an architecturally designed, functional community space rising from the ashes in a matter of months, completed in time to host a Commonwealth Games Team for pre-games training. |
| 2.35pm §2.11 | Dr Marke Jennings – Temple Principal at Sporteng | Synthetic turf and natural turf technologies are both innovations to increase sports field capacity – how do I chose the right one? Synthetic turf and hybrid turf surfaces for rugby, football (soccer) and AFL are becoming more common in Australia but still not widely adopted in Queensland for community sport. Both technologies have been developed to increase the usage capacity of winter sports surfaces and are ideally suited to Regional facilities, which aim to provide the public with a high-quality sports experience and can tolerate high usage when compared to standard sand-over-gravel natural turf surfaces. Choosing between the two options is not straightforward. The selection of either will have immediate design implications for new facilities, long-term maintenance implications and long-term asset management and renewal/ replacement cost implications. By comparing the fundamental differences between the systems at each stage of a sports surface lifecycle, this paper will help decision-makers to select the most appropriate solution to meet user and owner expectations. |

| TIME/ SESSION | PRESENTER | TITLE / ABSTRACT |
|------------------|-------------------------------|--|
| 3.00pm | | A piece of Australian history, beer, and BBQs |
| §2.12 | | |
| | Darren Trinder Landmark | |
| 3.35pm | Editatilatik | Workshop – Levels of Service – The key to good open space planning |
| §2.13 | Brian Milne Xyst Australia | Current open space planning often has little buy in or engagement by the teams responsible for its implementation. Applying a levels of service approach to the Open Space strategy ensures a comprehensive long term view, linkages to asset management and capital programs, and a consistent and affordable service delivery. It enables the identification and establishment of a framework that will guide decision makers to discuss levels of service, rather than budgets, and provide the tools to enable proactive strategic decisions around project selection rather than on a case by case, reactive basis. Incorporating a levels of service approach in open space strategies provides the tools to discuss socioeconomic inequities in the community, and the pathway to address this in a financially sustainable way. With increasing financial pressure as a result of rates capping, it's time we as professionals change tact. Levels of service provides the charted course to take. |
| 4.30pm | | Nature Play and Natural Playgrounds: Best Practice Design and |
| §2.14 | Greg Thomas Greenedge Design | Construction Nature Play and Natural Playgrounds are becoming more popular due to current research that highlights the importance of children to connect with nature and the natural environment. The variety of bespoke design, manufactured equipment and construction approaches for natural playgrounds offers differing levels of play value, durability, maintenance and longevity. A review of some global and Australian examples of natural playgrounds including some of the industry leading work undertaken locally by Greenedge Design will illustrate best practice examples. The presentation will also highlight key pitfalls and solutions to ensuring that the design of a natural playground is safe but challenging, achieves play value within child development principles and maintains a reasonable life of use with minimal maintenance. |
| | Consultants | use with minimal manitenance. |



DAY TWO - PRESENTER INDEX

| PRESENTERS | SESSION | TIME |
|--|---------|---------|
| Burns, Nikita - Urban Play | §2-3 | 10.20am |
| Corry, Kelly - 10,000 Steps | §2-8 | 1.20pm |
| Docherty, Daniel - Syngenta | §2-7 | 12.10pm |
| Edwards, Geoff - AIPR Trust Fund - Education | §2-9 | 1.45pm |
| Guthrie, Wendy - Sunshine Coast Regional Council | §2-10 | 2.10pm |
| Hambrecht, Stephne - Sunshine Coast Council | §2-5 | 11.20am |
| Hill, Elia - Tennis Queensland | §2-4 | 10.55am |
| Jennings-Temple, Dr Marke - Sporteng | §2-11 | 2.35pm |
| Milne, Brian - Xyst Australia | §2-13 | 3.35pm |
| Strydon, Colin - Design and Architecture | §2-6 | 11.45am |
| Pattison, Cheryl - Sunshine Coast Council | §2-5 | 11.20am |
| Thomas, Greg - Greenedge Design Consultants | §2-14 | 4.30pm |
| Thompson, Damian - LAT27 | §2-2 | 10.00am |
| Trinder, Darren - Landmark | §2-12 | 3.00pm |
| Veitch, Dr. Jenny - Institute for Physical Activity and Nutrition (IPAN), Deakin University | §2-1 | 9.15am |



DAY THREE - KEYNOTE SPEAKERS

THE CASE OF 10000 STEPS AUSTRALIA FOR HEALTHY ACTIVE OUTDOOR RECREATION

Professor Corneel Vandelanotte

Physical Activity Research Group, Central Queensland University

The 10,000 Steps Australia program encourages people of all ages to be physically active outdoors by taking at least 10,000 Steps a day. It uses a website and an app to encourage individuals, communities and workplaces to be more active in their local neighbourhoods and parks. The evidence-based program was developed by researchers in 2001 and is currently hosted by Central Queensland University and funded through Queensland Health. To date the program has over 360,000 registered members, and the 10,000 Steps concept has been copied all over the world. This presentation will explain what 10,000 Steps is, how it works, how effective it is and why it has been so successful.



THE ROAD TO SUCCESS FOR WOMEN IN AFL

Breeanna Brock

Womens Football Chief Executive Officer. Brisbane Lions AFC

Breeanna Brock was the first female CEO to be appointed in the AFL. In her five-year tenure in female football, she has cemented Queensland's reputation as one of the powerhouse states for women's AFL.

By establishing the Brisbane Lions inaugural women's team, who went on to play an undefeated debut AFLW season, Breeanna has created a full playing pathway for the women and girls of Queensland. With access to this elite, high performing environment, females are no longer forced to abandon a game they love due to lack of professional opportunity.

Above all, Breeanna's work is slowly dismantling age-old thinking around female representation in sport, to create a more level, gender-balanced, playing field.

"In my current role, I am able to combine my passion for AFL with helping women to achieve equality and success – both on and off the sports field."





DAY THREE - PROGRAM

| TIMING | SESSION | PROGRAM |
|----------------------|---------|--|
| 8.30am | | REGISTRATION, TEA AND COFFEE, TRADE DISPLAY VISITS |
| 9.00am - 9.40am | §3-1 | Professor Corneel Vandelanotte – Central Queensland University Keynote address: The case of 10000 Steps Australia for healthy active outdoor recreation |
| 9.45am - 10.05am | §3-2 | Deb Robbins - Aspect Studios Scarborough Beach Park – Healthy Place, Happy People |
| 10.10am - 10.30am | §3-3 | Amanda Sutherland and Sheree Hughes - Playscape Creations & Heart Foundation Healthy Active by Design – Designing for Community Health |
| 10.30am - 11.00am | | MORNING TEA AND TRADE DISPLAY VISITS |
| 11.00am - 11.20am | §3-4 | Dr Debra Cushing and Dr Tracy Washington - Queensland University of Technology Designing public parks that encourage people to get active |
| 11.25am - 11.45am | §3-5 | Simon Mahar— Landplan Landscape Architecture Nature Play in Practice |
| 11.50am - 11.55am | §3-6 | Bruce Meakins - Intelligenz Solutions Growing IntelliLeisure Globally |
| 11.55am - 12.30pm | §3-7 | Breeanna Brock — Brisbane Lions AFC Keynote address: The Road to Success for Women in AFL |
| 12.30pm - 1.15pm | | LUNCH AND TRADE DISPLAY VISITS |
| 1.15pm - 1.35pm | §3-8 | Lisa Swartz – Brisbane City Council Trial drone flying areas in Brisbane parks |
| 1.40pm - 2.00pm | §3-9 | Michael Connelly – CPR Group AssetTRAC -A simple app to help Councils and community lessees manage lease maintenance obligations |
| 2.05pm - 2.25pm | §3-10 | Nathalie Ward – Lat27 Green Grid: Rethinking the construct of an evolving city |
| 2.30pm - 3.00pm | | AFTERNOON TEA AND TRADE DISPLAY VISITS |
| 3.00pm - 3.50pm | §3-11 | Dom Courtney – QORF Workshop – Better ways to measure participation in outdoor activities |
| 3.55pm - 4.15pm | §3-12 | Scott Chaseling – Brisbane City Council Oxley Creek Transformation |
| 4.20pm - 4.40pm | §3-13 | Craig Nicholls – Smartlux An update on sustainable lighting technologies used in Europe |
| 4.40pm - 5.00pm | | FEEDBACK AND CLOSE |



DAY THREE - PRESENTERS AND ABSTRACTS

| TIME/ SESSION | PRESENTER | TITLE / ABSTRACT |
|------------------|--|--|
| 9.00am §3.1 | Prof. Corneel Vandelanotte Central Queensland University | Keynote Address: The case of 10000 Steps Australia for healthy active outdoor recreation The 10,000 Steps Australia program encourages people of all ages to be physically active outdoors by taking at least 10,000 Steps a day. It uses a website and an app to encourage individuals, communities and workplaces to be more active in their local neighbourhoods and parks. The evidence-based program was developed by researchers in 2001 and is currently hosted by Central Queensland University and funded through Queensland Health. To date the program has over 360,000 registered members, and the 10,000 Steps concept has been copied all over the world. This presentation will explain what 10,000 Steps is, how it works, how effective it is and why it has been so successful. |
| 9.45am §3.2 | Deb Robbins ASPECT Studios | Scarborough Beach Park – Healthy Place, Happy People It is widely recognised that the health of our communities is directly linked to our environment and that green and open spaces have an overwhelming positive impact on people's wellbeing. Scarborough Beach Park is a key foreshore park within a coastal network of public open space that is a primary recreational destination for the Moreton Bay region. ASPECT Studios approached this project understanding the imperative of respecting the setting and its original character whilst using the natural assets of the site to provide a delightful experience. Our holistic approach and reinterpretation of the sea side experience, resulted in a Master Plan that facilitated safety, access and connectivity for pedestrians and cyclists while preserving and enhancing the surrounding environment. ASPECT Studios has optimised the ecological and social values of Scarborough Beach Park, and by design, contributed positively to the wellbeing of the community and environment. |
| 10.10am §3.3 | Amanda Sutherland Playscape Creations and the Heart Foundation Sheree Hughes Heart Foundation | Healthy Active by Design – Designing for Community Health Healthy Active by Design is an initiative developed by the Heart Foundation to describe and demonstrate ways in which master planning can influence healthy environments, providing town planners, urban designers and developers with evidence and tools to help design healthier communities. Launching this programme now in QLD, the Heart Foundation aims to promote "health" in the design of public open spaces, contributing to the physical, mental and social health of all members of the community. Partnering with the Heart Foundation complements Playscape Creations' continued involvement in ongoing research to assess the opportunities and barriers for physical activity in inter-generational park use. This presentation will not only promote the benefits of the programme to delegates, but outline how they too can contribute to its success. Physical inactivity costs our economy close to \$15billion each year and evidence-based design principles will lead to improved health and well-being in our communities. |



| TIME/ SESSION | PRESENTER | TITLE / ABSTRACT |
|------------------|---|--|
| 11.00am §3.4 | Dr. Debra Cushing (right) and Dr Tracy Washington (left) Queensland University of Technology | Designing public parks that encourage people to get active The design of open space is an important factor in affording opportunities for physical activity. Many environments are not designed to encourage sufficient activity levels, and fail to address the barriers, especially for children and older people. Less than one in five Australian children participate in the recommended 60 minutes of daily physical activity, and one in four adults 65 years and over engage in 30 minutes of physical activity on five or more days per week. It is imperative that designers work with health experts to better understand how designing salutogenic spaces can support health and wellbeing for multiple ages. We will present a transdisciplinary ARC Linkage project, Intergenerational Park Design for Active and Engaged Communities, that uses a mixed-methods approach to understand perceived and actualised affordances for physical activity within 12 Moreton Bay parks. Initial key findings that can help us design more active parks will be presented. |
| 11.25am §3.5 | Simon Mahar Landplan Landscape Architecture | Nature Play in Practice For most adults, childhood memories of roaming the neighbourhood, climbing trees, building cubbies and swimming at the local creek, are recalled with the freedom of a time when society was not as risk averse as it is today. Nature Play is the notion that natural play spaces offer the best opportunities for today's children to experience the kind of free play outdoors that is seldom on offer. The philosophy is to create a multi-sensory play experience free from the uniformity and regularity of standard "off the shelf" play equipment, providing children with a myriad of directions to take their play experience. Nature play is not a new concept, but in Queensland there are very few practical examples of the idea being implemented. This presentation tells the story, using practical examples, of how nature play is being implemented in North Queensland. |
| 11.50am §3.6 | Bruce Meakins Intelligenz Solutions | Growing IntelliLeisure Globally IntelliLeisure is software solution that enables management of every aspect of your business. It provides the tools you need to flexibly book your customers and manage activities from swim school registrations, field bookings, fitness membership sales to point of sale and inventory management including automated customer communication; an 'all-in-one' integrated solution. |
| 11.55am §3.7 | Breeanna Brock Womens Football Chief Executive Officer. Brisbane Lions AFC | The Road to Success for Women in AFL By establishing the Brisbane Lions inaugural women's team, who went on to play an undefeated debut AFLW season, Breeanna has created a full playing pathway for the women and girls of Queensland. With access to this elite, high performing environment, females are no longer forced to abandon a game they love due to lack of professional opportunity. Breeanna will discuss the obstacles she faced during this time, the lessons learned and "must do's" when taking on a challenge like this. |



Lat27

| TIME/ SESSION | PRESENTER | TITLE / ABSTRACT | | | |
|------------------|-----------------------------------|---|--|--|--|
| 1.15pm §3.8 | Lisa Swartz Brisbane City Council | Trial drone flying areas in Brisbane parks In December 2017, Brisbane City Council commenced a 6-month trial of 10 sites in parks across the city where residents can fly drones and other remotely piloted aircraft that weigh up to 2kg without consent. In the lead up to this trial, Council was receiving an increasing number of queries from the community about flying drones in parks – what are the rules, where can I fly, should they be flying there? Council's Public Lands and Council Assets Local Law 2014 allows Council to designate areas in parks for higher risk activities, like flying drones, so Council saw an opportunity to meet an emerging recreation need whilst managing its potential impacts through the identification of sites for flying drones. Council consulted with the Civil Aviation Safety Authority throughout the project. This presentation will take the audience through Council's current rules and regulations relating to flying drones in parks, and the process used to identify suitable sites to trial as designated areas. It will also cover issues emerging from the trial and considerations for continuing the sites beyond the trial. | | | |
| 1.40pm §3.9 | Michael Connelly CPR Group | AssetTRAC - A simple app to help Councils and community lessees manage lease maintenance obligations Community, sport and recreation organisations manage billions of dollars' worth of community infrastructure all around Australia. Because obligations for maintenance of this infrastructure usually fall to volunteers, Councils have limited visibility of preventative or reactive maintenance that may, or may not, be occurring. There is a lack of reliable asset maintenance reporting by lessees. Councils are therefore forced into a position of unnecessarily-regular facility inspections, and all too often, need to invest in premature facility repairs or replacement. AssetTRAC is a simple-to-use online asset management system, developed by CPR Group specifically to address gaps in asset maintenance planning and reporting among community, sport and recreation organisations. AssetTRAC simplifies asset data capture, automates the process of planning and carrying out scheduled inspections, and makes it simple for volunteers and staff of community organisations and Councils to maintain accurate reports of inspections and maintenance works completed. AssetTRAC provides Total Reporting and Control. | | | |
| 2.05pm §3.10 | Nathalie Ward | Green Grid: Rethinking the construct of an evolving city The Green Grid is a study to increase the quantity, quality and interconnectedness of central Brisbane's open space to sustain the city's liveability, preserve natural systems within the city and build in resilience to the impacts of climate change. Globally, cities recognise the importance of green city strategies in terms of defining city image and creating sustainable urban environments that support community health and provide positive places for people to live and work. Brisbane's unique balance between urban and natural, fusion of indoor and outdoor is a key celebration of its subtropical climate. It influences daily life and is critical to the city's image and future liveability. With projected densification, it is important that the natural systems around Brisbane work in parallel with infrastructure to support the goal of a sustainable city into the future. The Green | | | |

Grid provides the shift in thinking required to move towards sustainable practices.



| TIME/ SESSION | PRESENTER | TITLE / ABSTRACT |
|------------------|---------------------------------------|--|
| 3.00pm §3.11 | Dom Courtney QORF | Workshop – Better ways to measure participation in outdoor activities "If you can't measure it, you can't improve it." Peter Drucker Participation in outdoor activities has been considered difficult to measure, so this task has often been placed in the too hard basket. Poor participation measurement means that outdoor activities are undervalued and underestimated. Standardised measurement of participation would provide metrics around who, where, why, and how many people are engaging in outdoor activities. Accurate measurement can lead to better management of activities and visitation, more efficient use of available resources and improved policy positions. This workshop would provide opportunities for land/water managers (and people who work with land/water managers) to consider and discuss new and emerging methods to measure participation in outdoor activities. |
| 3.55pm §3.12 | Scott Chaseling Brisbane City Council | Oxley Creek Transformation – Connecting Communities The Oxley Creek corridor is located within Brisbane city's south-western suburbs. It is currently an eclectic collection of grassy paddocks, quiet playgrounds, unkept green spaces, pocket parks and open wetlands, interspaced with former industrial sites and sand mines. The recently released Oxley Creek Transformation draft Master Plan proposes the reimagining of the creek corridor, from the Brisbane River to Larapinta, into one of Brisbane's premier open spaces - an urban playground and a sanctuary for wildlife. This presentation focuses on the opportunities within the draft Master Plan for connecting the adjoining existing, and emerging, communities to nature, leisure, learning, transport and one another. |
| 4.20pm §3.13 | Craig Nicholls Smartlux | An update on Sustainable Lighting Technologies used in Europe An overview of both what's next in the LED Lighting space, and possibly some considerations re Roi's. This presentation will provide updates from the Light & Bulb Fair in Frankfurt and what it means for us here. In addition, two projects currently in progress in SEQ using base hinge lowering masts will be discussed. This method is used extensively across other industries, especially Ports and Airports, but not in the Recreation segment until now. Also "telescopics" - for the difficult areas where masts are to only come out and play at night. |

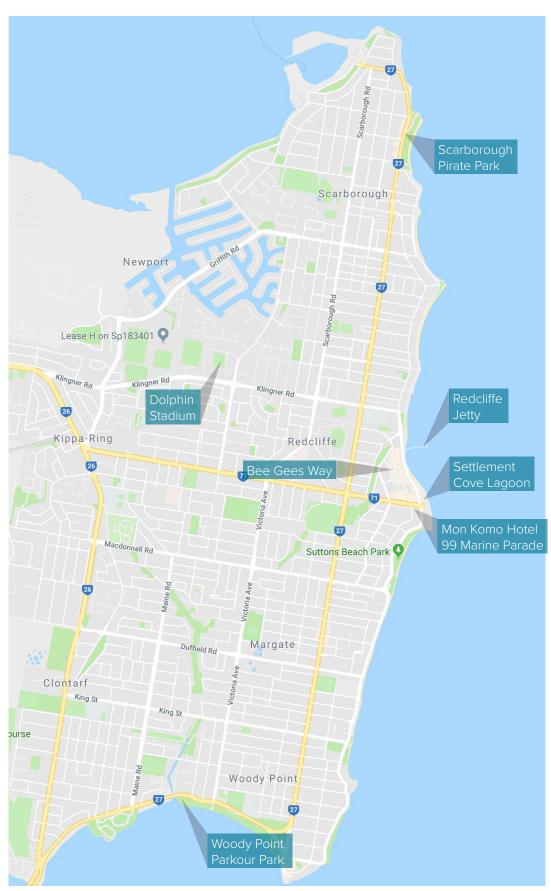


DAY THREE - PRESENTER INDEX

| PRESENTERS | SESSION | TIME |
|---|---------|---------|
| Brock, Breeanna - Brisbane Lions AFC | | 11.55am |
| Chaseling, Scott - Brisbane City Council | §3-12 | 3.55pm |
| Connelly, Michael - CPR Group | §3-9 | 1.40pm |
| Courtney, Dom - QORF | §3-11 | 3.00pm |
| Cushing, Dr Debra - Queensland University of Technology | §3-4 | 11.00am |
| Hughes, Sheree - Heart Foundation | §3-3 | 10.10am |
| Mahar, Simon - Landplan Landscape Architecture | §3-5 | 11.25am |
| Meakins, Bruce - Intelligenz Solutions | §3-6 | 11.50am |
| Nicholls, Craig - Smartlux | §3-13 | 4.20pm |
| Robbins, Deb - ASPECT Studios | §3-2 | 9.45am |
| Sutherland, Amanda - Playscape Creations | §3-3 | 10.10am |
| Swartz, Lisa - Brisbane City Council | §3-8 | 1.15pm |
| Vandelanotte, Professor Corneel - Central Queensland University | §3-1 | 9.00am |
| Ward, Nathalie - LAT27 | §3-10 | 2.05pm |
| Washington, Dr Tracy - Queensland University of Technology | §3-4 | 11.00am |















2018 REGIONAL AWARDS OF EXCELLENCE DINNER

2018 REGIONAL AWARDS OF EXCELLENCE DINNER WEDNESDAY, MAY 23, LEVEL 1, MON KOMO HOTEL, REDCLIFFE

Master of Ceremonies: Jason Leslie - Otium Planning Group

6:30pm

Canapes

7.00pm

Welcome

Best Rural Industry Contribution Award

Best Use of Technology Award

7.20pm

Entrée

7.40pm

Community Based Initiative of the Year Award

Community Facility of the Year Award

Park of the Year Award

8.00pm

Main Meal

8.30pm

Play Space Award (<\$0.5M) Play Space Award (>\$0.5M) Strategic Planning Award

8.50pm

Dessert

Research Project Award – No Entries

Major Event of the Year Award – No Entries

Emerging Leader Award – No Entries

David Aldous Student of the Year Award – No Entries



2018 AWARD SPONSORS

BEST RURAL INDUSTRY CONTRIBUTION AWARD

Rural Australia includes all of the towns, small cities and areas that lie beyond the major capital cities (Sydney, Melbourne, Brisbane, Perth, Adelaide, Darwin, Hobart and Canberra), who make a significant contribution through community initiatives which contributes to the parks and leisure industry.



BEST USE OF TECHNOLOGY AWARD

This award acknowledges outstanding and innovative achievement in the area of technology application and how that application has benefited the industry. This could relate to an event based system application through to an ongoing monitoring program of relevance to parks and leisure.



COMMUNITY BASED INITIATIVE OF THE YEAR AWARD

This award is designed to recognise the combined effort that is required to successfully plan, organise and manage effective initiatives, programs, events and/or festivals which promote and enhance leisure time for a number of social, environmental and economic benefits to the community. Evidence of the success should form a component of the submission



COMMUNITY FACILITY OF THE YEAR AWARD

The community facility award recognises facilities that demonstrate innovative features of design, development and operation



PARK OR THE YEAR AWARD

This award celebrates and promotes vibrant, successful, well designed and managed new or significantly revitalised parks/open spaces by recognising and rewarding exceptional examples of best practice in terms of design and management.





2018 AWARD SPONSORS

PLAY SPACE AWARD (>\$0.5M)

This award is given to a 'major' project that involves a range of stakeholders, contributes to the creation of a sense of 'place' for its local community and exhibits landscape and/or structure design innovation that delights and aids childhood development.



PLAY SPACE AWARD (<\$0.5M)

This award is given to a 'minor' project that involves a range of stakeholders, contributes to the creation of a sense of "place" for its local community and exhibits landscape and/or structural design innovation that delights and aids childhood development.



STRATEGIC PLANNING AWARD

This award recognises the development of strategies for parks, open space, sport, recreation and leisure opportunities by rewarding outstanding examples of strategic planning that have enriched and revitalised a community.



RESEARCH PROJECT AWARD

This award acknowledges outstanding research achievement by a group or individual (professional, student or academic), who have made a significant contribution to the parks and leisure industry through expanded knowledge enhancement promoting the benefits or importance of the parks and leisure sector in Australian society.

MAJOR EVENT OF THE YEAR AWARD

This award is designed to recognise the community events which receive third party sponsorship and that charge an admission or participation fee. The event is commercial (major sponsorship/partnership) in nature and promotes community participation through industry related events. Evidence of the success should form a component of the submission.

EMERGING LEADER

This award recognises outstanding achievement by a young or emerging professional (under 30 years) who has made a significant contribution to the parks and leisure industry.

DAVID ALDOUS STUDENT OF THE YEAR

This award seeks to recognise and celebrates the outstanding contributions made by students in a course of study leading to a nationally recognised qualification in the sector.

FUTURE OFSPACES AND PLACES **INCITIES** 14-17 October, 2018 Melbourne Cricket Ground Melbourne, Australia Co-hosted by World Urban Parks and Parks and Leisure Australia







Dr Julia Miranda Londono Columbia



Karen Keenleyside Canada



Mitchell Silver USA



Dan Raven-Ellison UK



Chris Chesterfield Australia

Register Online: iplg2018.com























We sincerely thank all of our Conference sponsors

CONFERENCE PARTNER

Moreton Bay Regional Council

PRINCIPAL CONFERENCE SPONSOR

GLG Greenlife Group

GOLD CONFERENCE SPONSORS

Syngenta Belgravia Leisure

LANYARD SPONSOR

Otium Planning Group

AWARD DINNER SPONSOR

Sporteng

